

BUMP To BLISS

MATERNITY PACKAGES



Specialized Care



Affordable Pricing



Comprehensive services

CALL US ON:
+254 722696901
to Book a Package

PLAN
EARLY / PAY
SLOWLY

Wholistic Mother & Child Care

Pregnancy represents a new stage in a woman's life and within the family unit. While it can be an exciting period, it may also come with mixed feelings. We understand the need to support the mother and family during this time, as they navigate the adjustment, change and responsibilities that accompany a new addition to the family.

At Outspan Hospital, we provide a wholistic healthcare program for the mother-to-be; from conception, birth, postnatal care and infant care. We care about the mental, physical and emotional well-being of both mother and child. Thus our team of experts; from our resident gynecologist, pediatrician, our mid-wives, nutritionists and psychologists walk the journey with you to ensure we deliver your little bundle of joy.

Our '**Bump to Bliss**' maternity packages include; an antenatal package, a normal delivery package and a caesarian section delivery package. Our promise to deliver affordable quality healthcare by providing the maternity packages; ensures that mothers-to-be and families are fully aware of the costs involved in their preferred mode of delivery, and have ample time to plan and prepare for the same.

Let us join you on this journey and help you welcome your little bundle of joy into the world with confidence and peace of mind.



WHY CHOOSE OUR PACKAGES >>

Expert Care & Infrastructure

Our experienced team of healthcare professionals, led by our in-house Obstetricians/Gynaecologists, Paediatricians and expert nurses, are dedicated to ensuring that you and your baby receive the best possible care. We are equipped with a dedicated High Dependency Unit for mothers at risk, and a Neonatal Intensive Care Unit (NICU). You can trust that you and your baby are in good hands.

Comprehensive Services

Our packages offer a wide range of services, including prenatal care, ultrasound scans, antenatal classes, delivery options, and postnatal care. We provide specialized care tailored to individual needs to ensure you have a memorable experience.

Executive Services

Our enhanced and platinum packages ensure extra comfort and convenience for clients. The executive maternity wing houses our private wards that promise luxurious private suites, nutritious culinary delights, personalized nursing care and you can have your birth partner present throughout your stay with us.

Affordable Pricing

Our pricing is transparent, with no hidden charges. We put you in control of your maternal costs. You get value for your money.

Loyalty Card:

Your bundle of joy is eligible for a loyalty card that offers a 10% discount at any of our branches on pharmacy, laboratory, and imaging services until they attain 18yrs of age. We are committed to being part of your family's growth journey.



Comprehensive Psychological Support:

We understand the emotional challenges that come with pregnancy and new motherhood, and our dedicated team of experienced therapists is here to provide a nurturing environment for your mental well-being throughout this transformative journey

Plan Early, Pay Slowly:

To make it easier for you to plan your finances, we offer the option to prepay for our maternity packages in instalments. This means that you can pay for the package in smaller, more manageable amounts over a period of time, rather than in one lump sum.

Mother & child starter pack:

We would love to share in the excitement of the arrival of your bundle of joy with a small package from us. A small gift for your little bundle of joy.

Refund Policy:

In the event that a package is prepaid and not utilized, the client is eligible for a refund.

ANTENATAL PACKAGES

Our new maternity packages are designed to provide you with specialized, compassionate, and affordable care. We also have a team of experienced healthcare professionals dedicated to ensuring that you have a healthy and happy pregnancy, as well as a safe and comfortable delivery.

STANDARD Kshs. 15,000

- 6 Antenatal clinics (All with MCH Nurse)
- Antenatal Profile
- 2 Ultrasounds
- 6 months' pregnancy Supplements (IFAS)

ENHANCED Ksh. 22,000

- 6 Antenatal clinics (5 with MCH Nurse and 1 with our resident Obs/Gyn)
- Antenatal Profile
- 3 Ultrasounds
- 6 months' pregnancy Supplements (Pregnacare Plain)

PLATINUM Ksh. 40,000

- 6 Antenatal clinics (All with our resident OBS/GYN)
- MCH Platinum clinic
- Antenatal Profile
- 3 Ultrasounds
- 6 months' pregnancy Supplements (Pregnacare Plain)



This packages will apply for cash paying clients only.



NORMAL DELIVERY PACKAGES

This will cover the client for all fees incurred for normal/ uncomplicated delivery for a maximum period of 2 nights in the maternity ward. This includes:

STANDARD Ksh. 25,000

- Resident Obstetrician/Gynaecologist review
- Resident Paediatrician review
- Delivery fees
- Basic Investigations (Full Haemogram, Urinalysis, Random blood sugar)
- Baby Care
- Initial immunization
- General maternity ward bed
- Nutrition counselling
- Nursing fees
- Drugs
- Non Pharmaceuticals
- TOTO Card
- Mother and Child starter pack

ENHANCED Ksh. 35,000

- Resident Obstetrician/Gynaecologist review
- Resident Paediatrician review
- Delivery fees
- Basic Investigations (Full Haemogram, Urinalysis, Random blood sugar)
- Baby Care
- Initial immunization
- Deluxe maternity ward bed
- Nutrition counselling
- Nursing fees
- Drugs
- Non Pharmaceuticals
- TOTO Card
- Mother and Child starter pack



PLATINUM Ksh. 70,000

- Resident Obstetrician/Gynaecologist review
- Resident Paediatrician review
- Delivery fees
- Basic Investigations (Full Haemogram, Urinalysis, Random blood sugar)
- Baby Care
- Initial immunization
- Platinum maternity ward bed
- Nutrition counselling
- Nursing fees
- Drugs
- Non Pharmaceuticals
- TOTO Card
- Mother and Child starter pack

This packages will apply for cash paying clients only.

CAESAREAN SECTION DELIVERY PACKAGES

This will cover for fees incurred for CS for a maximum period of 4 nights in the maternity Ward. This will include:

STANDARD Ksh. 105,000

- CS delivery (Medical Officer)
- Resident Obstetrician/Gynaecologist review
- Resident Paediatrician review
- Nutrition Counselling
- Delivery fees
- Basic Investigations (Full Haemogram, Kidney function, Random blood sugar, blood cross match)
- Baby Care
- Initial immunization
- General maternity ward bed
- Nursing fees
- Drugs
- Non Pharmaceuticals
- Theatre fees
- Surgeon's fees
- TOTO Card
- Mother and Child starter pack

STANDARD PLUS Ksh. 125,000

- CS delivery (Obstetrician/Gynaecologist)
- Resident Obstetrician/Gynaecologist review
- Resident Paediatrician review
- Nutrition Counselling
- Delivery fees
- Basic Investigations (Full Haemogram, Kidney function, Random blood sugar, blood cross match)
- Baby Care
- Initial immunization
- General maternity ward bed
- Nursing fees
- Drugs
- Non Pharmaceuticals
- Theatre fees
- Surgeon's fees
- TOTO Card
- Mother and Child starter pack

ENHANCED Ksh. 140,000

- CS delivery (Obstetrician/Gynaecologist)
- Resident Obstetrician/Gynaecologist review
- Resident Paediatrician review
- Nutrition Counselling
- Delivery fees
- Basic Investigations (Full Haemogram, Kidney function, Random blood sugar, blood cross match)
- Baby Care
- Initial immunization
- Deluxe maternity ward bed
- Nursing fees
- Drugs
- Non Pharmaceuticals
- Theatre fees
- Surgeon's fees
- TOTO Card
- Mother and Child starter pack

PLATINUM Ksh. 200,000

- CS delivery (Obstetrician/Gynaecologist)
- Resident Obstetrician/Gynaecologist review
- Resident Paediatrician review
- Nutrition Counselling
- Delivery fees
- Basic Investigations (Full Haemogram, Kidney function, Random blood sugar, blood cross match)
- Baby Care
- Initial immunization
- Platinum maternity ward bed
- Nursing fees
- Drugs
- Non Pharmaceuticals
- Theatre fees
- Surgeon's fees
- TOTO Card
- Mother and Child starter pack

TERMS AND CONDITIONS

GENERAL

- The NHIF daily rebate rates have already been factored into the delivery packages. Non NHIF members shall be required to top up the rebate at a rate of Ksh. 1,800 per day.
- The package is only valid once full payment has been done.
- In the event of Instalment payments, the following applies:
 - Antenatal package benefits will be activated upon upfront payment of 70% of the package price and the balance of 30% paid on or before the 3rd MCH clinic visit.
 - The delivery packages payment can be paid in Instalments up to or before completion of the 36th Week of pregnancy or on admission if earlier
- The delivery packages payment should be paid on or before completion of the 36th Week of pregnancy or on admission if earlier.
- Any Pre-existing or newly diagnosed medical conditions will attract additional charges for investigations and medication required.
- Anti-D is not covered.
- Packages apply for in-house doctors only.
- The standard delivery packages give you access to the general maternity ward bed accommodation only.
- The Enhanced delivery packages give you access to the deluxe maternity ward bed while the Platinum delivery packages entitle you to the platinum maternity ward bed.

ANTENATAL PACKAGE EXCLUSIONS:

- Additional aspects will be paid for in cash once what is in the package has been exhausted.
- The following test are not covered in the Antenatal Package:
 - o OGTT
 - o Indirect coombs test
 - o TPHA

NORMAL DELIVERY EXCLUSIONS:

- **Additional fees will apply for vacuum assisted vaginal deliveries, complicated deliveries requiring a specialist, twins'/breech deliveries, any additional surgical procedures and other investigation services not stipulated in the package.**
- **Resuscitation of a new-born baby, admission to the new born unit/ Neo-natal ICU, and any investigations and procedures on the baby will result in additional charges.**
- **Delivery requiring an emergency caesarean section will attract additional charges.**
- **The package covers a maximum admission of 2 nights.**

C/S DELIVERY EXCLUSIONS:

- Complicated caesarean sections will attract additional charges
- The package covers a maximum admission of 4 nights.

Refund Policy:

In the event that a package is prepaid and is not utilised, the client is eligible for a refund.



**OUTSPAN
HOSPITAL**

BUMP To BLISS

MATERNITY PACKAGES

Visit Our Website;
www.outspanhospital.org

Connect with us on our Socials:



For More Information

CALL US ON:

+254 722696901

to Book a Package

PLAN EARLY
PAY SLOWLY